

Training Membership Agreement

The Undersigned individual (the Member), hereby indicates their desire to become a member of Christine Van Diest (VD Consulting Inc.), pursuant to the terms and conditions of this training membership agreement.

Health Attestation

The Member attests that they are fully able to participate in an exercise regimen of their design or choosing without undue risk.

Training Membership Dues

The Member agrees to pay either a monthly or 12 month contract dues, indicated by selecting an option in the form below. These dues may be paid by automatic debit or credit card transaction or in-person via debit, credit, or cash.

12 Month Contract

2x's a week: 60 Mins: \$600 / 30 Mins: \$320

3x's a week: 60 Mins: \$840 / 30 Mins: \$420

4x's a week: 60 Mins: \$1,040

Month to Month Contract

2x's a week: 60 Mins: \$680 / 30 Mins: \$360

3x's a week: 60 Mins: \$960 / 30 Mins: \$480

4x's a week: \$1,200

**in Home or other pre-qualified and approved gym add \$20 to each session

Scheduling Sessions

Sessions will be scheduled by Christine Van Diest and Member at least 1 day prior to new training session. Regular scheduled sessions will be approved and agreed upon by Christine Van Diest and Member.

Changes or Cancel Sessions

Member must give Christine Van Diest a 12 hour notice to change or cancel previously scheduled training session. If cancelation happens within 12 hours this session will be considered used. Case by Case considerations must be approved by Christine Van Diest for circumstances out of control by member.

Case by case consideration must be approved by Christine Van Diest for pause in 12 month contract membership due to injury, job change or life circumstances out of control by the member.

Indemnification

This training membership serves as a liability release, pursuant to which the Member agrees to indemnify and hold Christine Van Diest (Van Diest Consulting Inc.) harmless against any and all claims of loss or damage without limitation.

Training Rules & Participation

The Member hereby agrees to abide by all posted safety guidelines and regulations while using [Sender.Company] facilities and equipment. Additionally, the Member agrees to dress and conduct themselves in a manner deemed appropriate for a fitness facility.

The Member shall not consume drugs, alcohol, or tobacco products on Christine Van Diest (Respiro Box DTC) property. Christine Van Diest (Van Diest Consulting Inc) reserves the right to revoke the Member's access if these terms are violated.

Training Membership Cancellation

This training membership may be cancelled 15 days prior to next billing date by providing written notice, in person or email to Christine.vandiest@gmail.com. If the training membership contract is cancelled prior to 12 month contract agreement, the Member agrees to pay pro-rated extra charge (\$10/session) for sessions already completed. Member agrees that cancelled training membership fees may be charge to their on file credit card at time of cancellation.

There are no refunds for training membership that is not used in the billed month.

Binding Law

This training membership contract shall be considered binding upon the Member and Christine Van Diest (Van Diest Consulting Inc.), and shall be upheld and enforced in accordance with the laws of Colorado. Any legal proceedings related to this training membership contract shall take place in courts located in Englewood, Colorado.

Acceptance

The below signed parties hereby enter into this gym membership contract with one another in acknowledgement and acceptance of the terms listed above.

Name: _____

Phone: _____ Email: _____

Billing Address: _____

Contract Length:

Month to Month 12 Month Annual (special)

Sessions/week:

2x 3x 4x

Location:

Respiro Box DTC Home Gym Other Gym

Credit Card# _____

Name: _____

Expiration: _____ CCV: _____

Signature: _____ Date: _____